## WHAT IS CLAIMED IS:

l	1. A tool for opening a cable having a length of mament disposed within					
2	a sheath, the tool comprising:					
3	a proximal portion having a first flange connected with a shaft extending from					
4	the flange and adapted for engagement with a powered mechanical rotation device; and					
5	a distal portion having a second flange; and					
6	a column coupled with one of the proximal and distal portions and detachably					
7	engaged with the other of the proximal and distal portions, the column including a cavity					
8	adapted to grip the filament and disposed such that the cavity is between the first and second					
9	flanges when the column is engaged with the other of the proximal and distal portions.					
1	2. The tool recited in claim 1 wherein the column is fixedly coupled with					
2	the one of the proximal and distal portions.					
1	3. The tool recited in claim 1 wherein:					
2	the column comprises a hollow interior; and					
3	the cavity comprises a hole extending through a surface of the column to the					
4 .	hollow interior.					
1	4. The tool recited in claim 1 wherein cavity comprises a plurality of					
2	cavities, each such cavity being adapted to grip the filament.					
1	5. The tool recited in claim 1 wherein the powered mechanical rotation					
2	device is a hand-held drill.					
1	6. The tool recited in claim 1 wherein:					
2	the first flange comprises a threaded hole; and					
3	1 1 Court was the three ded be					
4	whereby the column is detachably engaged with the proximal portion and					
5	coupled with the distal portion.					
1	7. The tool recited in claim 1 wherein:					
2	the second flange comprises a threaded hole; and					
3	the column is threaded at a distal end for threading into the threaded hole,					

4	whereby the column is detachably engaged with the distal portion and coupled				
5	with the proximal portion.				
4	8. The tool recited in claim 1 wherein the filament comprises a strength				
1					
2 member of an optical-fiber cable.					
1	9. A method for opening a cable having a length of filament disposed				
2	within a sheath, the method comprising:				
3	attaching an end of the filament to a tool having a column disposed between				
4	two flanges, the column including a cavity adapted to grip the filament;				
5	thereafter, rotating the column to pull the filament from the sheath and to				
6	spool the filament about the column; and				
7	thereafter, separating one of the flanges from the column to release the				
8	spooled filament.				
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1	10. The method recited in claim 9 wherein rotating the column comprises				
2	rotating the column with a powered mechanical rotation device engaged with the tool.				
	11. The method recited in claim 10 wherein the powered mechanical				
1	rotation device is a hand-held drill.				
2	rotation device is a nand-neid drift.				
1	12. The method recited in claim 9 wherein:				
2	the tool further has a shaft extending from a first of the flanges; and				
3	rotating the column comprises rotating the shaft with a powered mechanical				
4	rotating device engaged with the shaft.				
1	13. The method recited in claim 12 wherein separating one of the flanges				
2	from the column comprises separating the first of the flanges from the column.				
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1	14. The method recited in claim 12 wherein separating one of the flanges				
2	from the column comprises separating a second of the flanges from the column.				
1	15. The method recited in claim 9 wherein:				
2	the one of the flanges comprises a threaded hole into which a threaded end of				
3	the column is screwed; and				
4	separating the one of the flanges from the column comprises unscrewing the				
5	column relative to the one of the flanges.				

1	1	6.	The method recited in claim 9 wherein the filament comprises a	
2	strength member of an optical-fiber cable.			
1	1	7.	A system for opening a cable having a length of filament disposed	
2	within a sheath, the system comprising:			
3	means for gripping an end of the filament;			
4	r	neans	for extracting the filament from within the sheath and for spooling the	
5	extracted filament;			
6	r	neans	for confining the filament to a longitudinal region as the filament is	
7	spooled; and			
8	1	means	for removing the means for confining to release the spooled filament	
9	from the longitudinal region.			
1		18.	The system recited in claim 17 wherein the means for gripping the end	
2			rises a cavity in a column about which the filament is spooled.	
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1		19.	The system recited in claim 18 wherein the means for extracting the	
2	filament from within the sheath and for spooling the extracted filament comprises means for			
3.	rotating the col	umn a	about an axis of the column.	
		20	The system recited in claim 19 wherein the means for confining the	
1		20.		
2	filament comprises first and second flanges disposed at positions along the axis, wherein the			
3	cavity is disposed between the first and second flanges and wherein at least one of the first			
4	and second flanges is removable from the column.			